



2018 WSFRL Calendar

Date & Time	Senior Challenges	Junior Challenges	Club & Race Details
Monday 2 nd April 1 mile 10.45am 10km 11.15am			Lewes AC Lewes Easter Monday Races Lewes Leisure Centre, BN7 2XG
Sunday 13 th May No Junior race 5 mile 11.00am			Portslade Hedgehoppers Hedgehoppers 5 Portslade Sports Centre, BN41 2WS
Wednesday 16 th May ¾ mile 19.00pm 5 mile 19.30pm			Arunners Beach Run Littlehampton, BN17 5LH
Wednesday 23 rd May 1 mile 19.00pm 10km 19.30pm			Chichester Runners Trundle Hill Lavant Village Hall, PO18 0AH
Sunday 10 th June 1 mile 10.00am 5km 11.00am			Arena 80 AC Hove Park Races Hove Park, BN3 6LY
Saturday 23 rd June 1 mile 12.00pm 5 mile 12.30pm			Burgess Hill Runners Downland Dash Downlands School, BN6 8LP
Wednesday 4 th July 1 mile 19.00pm 6 mile 19.30pm			Steyning AC Roundhill Romp The Clock Tower, BN44 3LE
Sunday 29 th July 1 mile 10.15am 4 mile 11.00am			Henfield Joggers Seven Stiles Henfield Leisure Centre, BN5 9QB
Wednesday 1 st August No Junior race 3.5 mile 19.30pm			Worthing Striders Highdown Hike Titnore Way, BN13 3RT
Sunday 19 th August 1 mile 10.30am 10km 11.00am			Hove Hornets Hornets Stinger Waterhall Road, BN1 8YR
Sunday 2 nd September ¾ mile 10.15am 5 mile 11.00am			Fittleworth Flyers Fittleworth 5 Village Hall, RH20 1JB
TBC September 1 mile TBC			Worthing Harriers Windlesham House 4

4 mile TBC			Windlesham School, RH20 4DG
Sunday 23 rd September 1 mile 10.30am 5 mile 11.00am			Saints & Sinners Tilgate Forest 5 K2 Leisure Centre, RH11 9BQ
Sunday 14 th October 1.5km 10.00am 8km 11.00am			Haywards Heath Harriers Hickstead Gallop Hickstead Showground, RH17 5NU
Sunday 28 th October 1 mile 10.30am 5 mile 11.00am			Lancing Eagles Steepdown Challenge Lancing Leisure Centre, BN15 0PH
Sunday 4 th November 1 mile 10.00am 4.5 miles 10.30am			Horsham Joggers Gunpowder Trot Denne Park, RH12
Month TBC 1 mile TBC Distance TBC			Crawley Run Crew TBC TBC

Senior Challenges 2018

Mambo Challenge (Blue)
Commodores Challenge (Green)
Vengaboys Challenge (Red)

Junior Challenges

Eggciting Challenge (Yellow)
Beach Challenge (Purple)
Firework Challenge (Pink)